

PE Dept Winter Term 2017

Day	Lunchtime	After School
Mon	Basketball - Boys	Football - K.S. 3
	Weights/Fitness (All Years)	Hockey - Yr 10-13
		Basketball
Tue	Weights/Fitness (All Years)	Rugby - K.S. 3
		Netball - Yr 8 & 9
		Hockey - Yr 7
	Badminton	Circuit Training
Wed	Weights/Fitness (All Years)	Netball - Yr 10-13
	Touch Rugby - Astro	Hockey - Yr 8 & 9
	Gymnastics	Basketball
	Basketball - Girls	
Thurs	Weights/Fitness (All Years)	Rugby - K.S. 4
		Netball - Yr 7
Friday	Weights/Fitness (All Years)	
	Senior Rugby Training	
	Girls Engagement	