



THE UNIVERSITY OF THE THIRD AGE
porthcawlu3a.webplus.net



PRIFYSGOL Y TRYDYDD OED
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Newsletter FEBRUARY 2016

Newyddion CHWEFROR 2016

From the Chairman

Our January programme sent us into 2016 with a good start. Ben Fielding's well illustrated and informative talk on the history of Poland and Lithuania was enjoyed by a well-attended audience. We thank you, Ben, for this piece of history not known to many of us.

I have prepared and submitted these notes before two events which are to take place in January. On Wednesday 27th Dorothy has arranged a visit to the Egypt Centre and Swansea Museum. Then on Thursday 28th we look forward to enjoying Porthcawl School's production of *We Will Rock You*. This is certainly worth a visit to the Pavilion, again organised by Dorothy. My good friends David Parry (Vice Chairman) and John Pearman have recently been admitted to hospital for treatment. On behalf of the committee I wish them and any other members who are not well a very speedy recovery. My thanks go to the committee, conveners and all members for your loyal and welcomed support during 2015.

Handel

Membership Subscriptions for 2016 and Gift Aid Declaration

Our membership subscriptions for the period January to December 2016 are now due. **There is no increase in the annual subscription for 2016. It will remain at £35, so I'm sure you will agree that our U3A is remarkably good value for money.** May I ask you to:

- **complete the membership form included with this newsletter and send it to me as soon as possible with your cheque for £35 made payable to Porthcawl U3A - my address is given on the form;**
- **ensure that you fill in every section of the form and send it to me even if you are already a member;**
- **inform me without delay if you do not intend to re-join this year.**

Special Note on Gift Aid. Please remember to answer Yes or No to the question about Gift Aid. It does not cost you anything to agree to Gift Aid. In fact, higher rate tax payers benefit from making the declaration. You are entitled to tick the Yes Box if you do pay tax, but many members do not realise they are paying tax because it has been deducted at source, for example on an occupational income or on investments. If you are in doubt please contact me. I will not enquire into your circumstances. The U3A is entitled to claim Gift Aid because it is a registered charity and the income from Gift Aid helps to keep the annual subscription to a minimum.

If you have not paid your subscription by the end of February, we'll assume that you are not re-joining this year and we won't bother you with any more newsletters. **David Parry (tel. 784211).**

Our Annual General Meeting 2.15pm on Friday 18th March at the Hi Tide

This year's AGM will take place at the Hi-Tide on Friday 18th March at 2.15pm. PLEASE TRY TO COME. This AGM is particularly important as several members of the committee will have come to the end of their current term of office. All are eligible to stand for election again but some may decide not to do so, having given many years of dedicated and valuable service to our U3A. Here is an opportunity for younger members to stand for election, bringing with them new energy, new ideas and new approaches to meet the challenge of ensuring that our U3A remains as vibrant and successful in the years to come as it is now. We urge you therefore to put yourself forward for election or to persuade others to put themselves forward.

Elections will be held for the following positions Chairman, Vice Chairman, Honorary Secretary and for 4 other members of the Committee. **All members standing for election must send a letter or send an e mail to the current Honorary Secretary – Andrew Collier, 7 Willow Close, Danygraig, Porthcawl CF36 5AB e mail helqandrew@yahoo.com by 27th February stating the position or positions for which they wish to stand and giving the name of a member willing to nominate them and of a member willing to second that nomination.**

The agenda will also include the minutes of the last AGM and the minutes of the Special Meeting of Members held in December 2015, any matters arising, the annual report, the treasurer's report, and any matters notified by members in advance. **Handel Davies (tel. 788364)**

**Wednesday 10th February 2.15pm at the Hi Tide:
Talk by Anthony Hughes: A Magical 'Myhtery' Tour of Greece**

Anthony, who was formerly the Chairman of Swansea U3A and the Wales representative on the National Executive of the Third Age Trust, lives on an island in Greece for several months every year. During his travels he has visited many places mentioned in ancient Greek myths. He has taken some of these stories and illustrated the paths taken by Greek heroes (and some more modern celebrities) in and around his island home. This will be a fascinating talk, giving us new information about the well-known stories and also introducing us to myths which are perhaps less familiar to us. Do come along if you can.

Handel (tel.788364)

Wednesday 24th February: Visit to Bath Abbey and the Holburne Museum at Bath

The coach for this visit will leave the ATLANTIC HOTEL PORTHCAWL at 8.45am and SAINSBURY'S BRIDGEND at 9am approx. We'll have a guided tour of the Abbey which was founded in the 7th century and rebuilt in the 12th and 16th century, It has important architectural features, including fan vaulting and stained glass. There are important memorials and two fine organs. After lunch together we'll go on to the Holburne Museum near the city centre where there is an important collection of 17th and 18th century paintings, porcelain and decorative art. We will also be able to spend some time in the city centre itself. **The cost of the visit, including coach fare, admission and guided tour, is £19. If you would like to come along please send me – Dorothy Jones, 84 Heol West Plas, Coity, Bridgend CF35 6BA - a cheque for this amount payable to Porthcawl U3A, as soon as possible.**

Dorothy Jones (tel. 657571).

Sunday 28th February 12 noon: Sunday Lunch Group

We will meet on the 28th February at the Angel, Maudlam at 12.00. Meals will again be chosen on the day but to reserve your place please call Sally on 01656 713690 or send a message to 07773 181467 or email sally2482atc@aol.com Come and join us.

Caroline David tel. 01656 771657

Friday 4th March 6.30 for 7pm: Our Celebration of St David's Day

We'll celebrate St David's Day at the Hi Tide on Friday 4th March (6.30 for 7pm) with a meal and entertainment by harpist Angharad Edwards who will be joined by Rhiannon Skilton (soprano). It will be a hugely enjoyable evening, so do join us if you can. **If you would like to come along please indicate your choices on the menu included with this newsletter and return it to me with your cheque as soon as possible. Please also indicate who you would like to sit by.**

Pam Munro (tel. 783751)

Thursday 17th March: Visit to concert at Royal Welsh College of Music and Drama, Cardiff

I still have a few seats left for this concert which is given by Sinfonia Cymru with Gareth Jones (conductor) and Benjamin Baker (violin). The programme is Stravinsky: *Dances Concertantes*, Beethoven: *Violin Concerto* and Mozart: *Jupiter Symphony*. **Please send your cheque for £15.50, payable to Porthcawl U3A by Monday 29th February, to me at 25 Sandpiper Road, Porthcawl, CF36 3UF, with your name, telephone number and pick-up point printed on the back.**

Janice Lloyd Tel. 01656 786532

Wednesday 4th May: Our Annual U3A Gala Coffee Morning and Spring Fair

Our Annual Gala Coffee Morning and Spring Fair is on Wednesday 4th May at the Hi Tide beginning at 10.30am. As usual, there will be a Raffle, a Bottle stall, a Tombola stall, a Book stall, a Gardening stall and also a Manicurist as well as Silent Auction. However, there will not be a cake or bric-a-brac stall this year.

Pam Munro (tel. 783751)

Saturday 7th May: Visit to the Spring Festival at Malvern

We are arranging a coach for a visit to this important Spring Festival. Tickets will be available for purchase at the entrance at a cost of £17 each or £15.50 for RHS members. If you would like to come along please phone me as soon as possible.

Handel Davies (tel. 788364)

Wednesday 1st June: Visit to the Opera at Wales Millennium Centre

The 70th anniversary of Welsh National Opera will be celebrated in 2016 with a production of *Cavalleria Rusticana* and *I Pagliacci*, the programme the company opened with back in 1946. I've reserved seats for the performance on 1st June at a cost of £45 including the coach. **If you would like to come please contact me to reserve your place, and then send your cheque for £45 by 21st March payable to Porthcawl U3A to me at 25 Sandpiper Road, Porthcawl, CF36 3UF, with your name, telephone number and pick-up point printed on the back. Payment is required by 21st March.**

Janice Lloyd tel. 01656 786532

YOUR U3A NEEDS YOU! VOLUNTEERS WANTED!

We are looking for volunteers to deliver the monthly newsletter in Port Talbot, Kenfig Hill and Bridgend, Please contact me if you might be able to deliver in any of these areas. Also, it is a **HUGE** help to the U3A if those of us who are able to do so arrange to have their newsletters delivered by e-mail. Please send your contact details to Martin Patten on mcareyu@yahoo.co.uk **Chris James tel. 864742**

The Third Age Trust

May we remind members that checking the Third Age Trust website often rewards the effort with details of national and regional events, including talks, visits and a Summer School. There are too many for us to bring to everyone's attention. They are also detailed in *Third Age Matters*, a U3A magazine, which can be delivered to the homes of all members on payment of a very small delivery charge. **Andrew Collier (tel. 784939)**

Third Age Matters

It won't be long before we need to renew the list of who would like to receive *Third Age Matters*. We pay only the postage for 4 copies a year. Please notify me if you would like to be on the list. **Lindy Hutchinson (tel. 654418)**

Meetings of our Interest Groups in February 2016

Creative Writing Course

The Creative Writing Course will take place on 5th and 19th February at 10am at the RUGBY CLUB.

Marcia Humphries tel. 772895

Group	Time & Venue	Date	Information	Contact
Archaeology	10.15am at the Holiday Hotel	Tuesday 9 th	This month we will be looking at the Bronze Age in the Cambridgeshire Fenland as highlighted by the recent finds near Peterborough	Ian Hutchinson tel. 654418
Art History	2.15pm at the Holiday Hotel	Monday 8 th 22 nd	We will look at some of the works on display at the Musée D'Orsay, a Parisien Gallery showing assorted paintings of the mid19 th century and later works by the Impressionists and Post Impressionists. We will study the work of Pablo Picasso, the Spanish artist and one of the founders of Cubism	Graham Cross tel. 785876
Book Club 1	10am at Stella Maris	Friday 26 th	Discussing <i>Last Letter from Haz</i> by Jan Morris	Barbara Miles tel. 783291
Book Club 2	10am at TY ELLIS 14 VICTORIA AVENUE	Wed. 17 th	Discussing <i>Germinal</i> by Emile Zola. PLEASE NOTE THE MEETING PLACE	Ted White tel. 783194
Bridge	2pm at Awel y Mor (Side Room)	Tuesday 9 th & 23 rd	Beginners will be very welcome. Tony and Pat Howarth hope to run a Short Course on Beginning Bridge starting in March.	Caroline David tel. 771657
Canasta	2pm at the Rugby Club	Mon 8 th & 22 nd	New members welcome but please phone me first.	Judith Davey tel. 783632
Computers, tablets and other gadgets	10am to 12 noon at the Coast Café	Monday 1st, 15th 29th	Drop in and help for all your gadgets. Feel like kicking it? We'll show you how to love it? <u>Geoff Henderson tel.786790; Martin Patten tel.786745 & Laurence Parry 788089</u>	GH; MP, & LP
Conversations (Discussion Group)	2.15pm at the Holiday Hotel <u>Please note the venue</u>	Thursday 4 th 18 th	Discussing <i>Who is my neighbour now?</i> Discussing <i>Do we, or should we, live in a Nanny state and does Nanny always know best?</i>	Doug Jones tel. 657571

Group	Time & Venue	Date	Information	Contact
Crafts	2pm at the Y Centre	Thursday 11 th & 25 th	A warm welcome awaits members interested in any type of craft	Pam Munro tel. 783751
Drama – Origin & Development	2pm at the Rugby Club	Monday 8 th & 22 nd	We shall continue with the European Drama theme by studying <i>Six Characters in Search of an Author</i> by Pirandello.	Elizabeth Bower tel. 786234
Food in Britain	2.15pm at the Rugby Club	Tuesday 2 nd 16 th 1 st March	<u>Biscuits</u> – led by Len Smith <u>Cheese</u> – Eurwen Richards (Guest Speaker) <u>Customs & Cawl</u> – led by Jan Fletcher	Margaret Williams tel. 665128
French	10.15am at the Rugby Club	Tuesday 2 nd & 16 th	We are concentrating on conversation Jenny Cross (tel. 785876) Jenny Worthington (785446)	Jenny Cross Jenny Worthington
Gardening	10.15am at the Rugby Club	Tuesday 16 th	Kay will lead a discussion on <u>sowing seeds</u> .	Handel Davies tel. 788364
German	10.30am at Stella Maris	Thursday 4 th & 18 th	Looking at all things German and Germanic including conversational language and grammar.	John Murdoch 07583570891
History	10am at the Y Centre	Wed 3 rd & 17 th	On 3 rd we'll finish the British Reformation portion of our Renaissance studies before, on the 17 th going onto the scientific aspects, starting with Galileo.	Andrew Collier tel. 784939
Latin & Ancient History	RAFA Club at 2.15pm 10.15am	Mon 1 st & Thurs 11 th Mon 8 th 15 th , 22 nd & 29 th	Ancient History: Continuing our study of Ancient Mesopotamia led by David Trace Grammar Revision & translation from & into Latin	Doug Jones tel. 657571
Listeners' Guide to Music	2pm at the Rugby Club	Wed 3 rd Wed 17 th	We'll listen to Beethoven's Piano Concerto No 4 and a selection from Dvorak's Slavonic Dances The programme will be Elgar's Cello Concerto and Schubert's Symphony No 5	Brian Nelson tel. 742159
Mah Jong	2pm at the Rugby Club	Thursday 11 th & 25 th	It is now again possible to accept new members	Elizabeth Bower 786234
Movement to Music	2.15pm at the Rugby Club	Tuesday 23 rd	Simple exercises, stretching and some aerobics. If you are unable to take part in aerobics but want to keep fit you can join in our chairbics session which will begin at 3pm at the same venue on the same date.	Liz Sumner tel. 772314
Painting Workshop	10am at the Y Centre	Thurs, 4 th , 11 th , 18 th , & 25 th	If you are not already a member of this group and want to join it, please phone me.	Stephen Jarvis tel. 649165
Philosophy and Ideas	10am at the Y Centre	Friday 5 th & 19 th	On Friday 5th Neil will return to Capitalism which has somehow survived the interval since his last talk, (how much longer??) This may spill into 19 th but if not we have various themes waiting, including Gary thinking about Descartes (and therefore, maybe being) or my vain efforts to get some morality into the group.	Andrew Collier tel. 784939
Photography for Everyone	10.30am at the Holiday Hotel	Monday 8 th & 22 nd	Learning and developing skills in digital, still and video photography	David Morgan tel. 740605

Group	Time & Venue	Date	Information	Contact
Play Reading	10am at the Rugby Club	Wed 3 rd & 24 th	Preparation for a new performance	Liz. Sumner tel. 772314
Poetry	10.15am at the Rugby Club	Mon 1 st 15 th & 29 th	We shall continue our study of Spenser's <i>Faerie Queene</i> .	Elizabeth Bower 786234
Quiz	2.15pm at the Y Centre	Mon 8 th	Come along, enjoy yourselves and test your general knowledge in lovely company	Roger Thomas tel. 786292
Russian Language. & Culture	10am at AWEL Y MOR	Tues 9 th & 23 rd	We practise the Russian alphabet and simple conversational Russian, and delve into the fascinating culture. Beginners will be able to join in so give it a try!	Sue Rowlands tel. 785969.
Science	2pm at the Holiday Hotel	Monday 29 th	Martin Patten will give a talk on <i>Organic and Artificial Intelligence</i>	Gwyn Davis tel. 654766; Brian Nelson. tel. 742159
Scrabble	10am at the Holiday Hotel	Mon. 1 st , 15 th & 29 th	A game, a chat and a cup of coffee. Members of all abilities welcome.	Pat Parry tel. 784211
Shakespeare & other "Greats"	2.15pm at Stella Maris	Tuesday 2 nd & 16 th	We'll begin our study of <i>Macbeth</i>	Barbara Miles tel. 783291
Singing for Fun			We will not meet in February but we will resume in March.	Veronica Rees tel. 784718.
Table Tennis	At the Y Centre 10am 1.45pm	Friday 5 th 19 th	Come and join in our relaxed and friendly games. If you have a bat please bring it along. Please wear suitable shoes. PLEASE NOTE THE TIMES	Pam Munro tel. 783751
Walking	2pm at the Ancient Briton Car Park, Newton	Friday 26th	We'll walk over Newton Dunes and Burrows towards Candleston Please wear suitable clothing and footwear. If the weather if doubtful please phone me to check that the walk will take place. We walk at our risk.	John Pearman tel. 782133
Welsh	10am at the Rugby Club	Thurs 11 th & 25 th	Beginners, improvers & fluent speakers welcome. John Pearman (782133) David Parry (784211)	John Pearman David Parry
Writing for Pleasure Groups 1 & 2	10am at the Rugby Club	Friday 12 th & 26 th	We write simply for the pleasure of writing and to receive friendly advice. Places are now available in Group Two. Marcia Humphries (772895) & Jo Brooks (859535)	Marcia Humphries & Jo Brooks

Membership Badges and Registers

Wear your badge with pride. It helps to get to know each other if we all wear our name badge to all U3A meetings. It is also a requirement for fire regulation policy. If any Convenors have not had a Register for 2016 please collect one from the office of your venue and return the old one to the same place. **Caroline David tel. 771657**



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Summary of Dates and Events in February

Please note that the Glamorgan Holiday Home is now known as the Glamorgan Holiday HOTEL

Monday	1 st Feb. 10am at the HOLIDAY HOTEL:	Scrabble Group
	1 st Feb. 10am at the COAST CAFÉ:	Computers, Tablets & Other Gadgets
	1 st Feb. 10.15am at the RUGBY CLUB:	Exploring Poetry
	1 st Feb. 2.15pm at the RAFA CLUB:	Ancient History
Tuesday	2 nd Feb. 10.15am at the RUGBY CLUB:	French Group
	2 nd Feb. 2.15pm at STELLA MARIS:	Shakespeare and other Great Writers
	2 nd Feb. 2.15pm at the <u>RUGBY CLUB</u> :	Food in Britain Group
Wednesday	3 rd Feb. 10am at the Y CENTRE:	History Group
	3 rd Feb. 10am at the RUGBY CLUB:	Play Reading Group
	3 rd Feb. 2pm at the RUGBY CLUB:	Listeners' Guide to Music
Thursday	4 th Feb. 10am at Y CENTRE:	Painting Workshop.
	4 th Feb. 10.30am at STELLA MARIS	German Group
	4 th Feb. 2.15pm at the HOLIDAY HOTEL:	Conversations (Discussion) Group
Friday	5 th Feb. 10am at the Y CENTRE:	Philosophy and Ideas Group
	5 th Feb. 10am at the RUGBY CLUB:	Creative Writing Course
	5 th Feb.10am at the Y CENTRE:	Table Tennis Group
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Monday	8 th Feb. 10am at the RAFA CLUB:	Latin Group - Translation & Grammar
	8 th Feb 10.30am at the HOLIDAY HOTEL:	Photography for Everyone Group
	8 th Feb. 2pm at the RUGBY CLUB:	Canasta Group
	8 th Feb. 2pm at the RUGBY CLUB:	Drama - Origins and Development
	8 th Feb. 2.15pm at the HOLIDAY HOTEL:	Art History Group
	8 th Feb. 2.15pm at the Y CENTRE:	Quiz
Tuesday	9 th Feb. 10am at AWEL Y MOR:	Russian Language and Culture Group
	9 th Feb. 10.15am at the Holiday Hotel:	Archaeology Group
	9 th Feb. 2pm at AWEL Y MOR:	Bridge Group
Wednesday	10 th Feb. 2.15pm at the Hi -TIDE:	Talk by Anthony Hughes
Thursday	11 th Feb. 10am at Y CENTRE:	Painting Workshop
	11 th Feb. 10am at the RUGBY CLUB:	Welsh Group
	11 th Feb. 2pm at the Y CENTRE:	Crafts Group
	11 th Feb. 2pm at the RUGBY CLUB:	Mah Jong Group
	11 th Feb. 2.15pm at the RAFA CLUB:	Ancient History
Friday	12 th Feb. 10am at the RUGBY CLUB:	Writing for Pleasure Groups 1 & 2
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Monday	15 th Feb. 10am at the HOLIDAY HOTEL:	Scrabble Group
	15 th Feb. 10am at the COAST CAFÉ:	Computers, Tablets & Other Gadgets
	15 th Feb. 10.15am at the RAFA CLUB:	Latin Group – Translation & Grammar
	15 th Feb. 10.15am at the RUGBY CLUB:	Exploring Poetry
Tuesday	16 th Feb. 10.15am at the RUGBY CLUB:	French Group
	16 th Feb. 10.15am at the RUGBY CLUB:	Gardening Group
	16 th Feb. 2.15pm at STELLA MARIS:	Shakespeare and other Great Writers
	16 th Feb. 2.15pm at the RUGBY CLUB	Food in Britain Group

Wednesday	17 th Feb. 10am at TY ELLIS: 17 th Feb. 10am at the Y CENTRE:	Book Club TWO History Group
Thursday	17 th Feb. 2pm at the RUGBY CLUB: 18 th Feb. 10am at Y CENTRE: 18 th Feb. 10.30am at STELLA MARIS 18 th Feb. 2.15pm at the RAFA CLUB	Listeners' Guide to Music Painting Workshop. German Group Conversations (Discussion) Group
Friday	19 th Feb. 10am at the Y CENTRE: 19 th Feb. 10am at the RUGBY CLUB: 19 th Feb. 1.45pm at the Y CENTRE:	Philosophy and Ideas Group Creative Writing Course Table Tennis Group
Monday	22 nd Feb. 10.15am at the RAFA CLUB: 22 nd Feb. 10.30am at the HOLIDAY HOTEL: 22 nd Feb. 2pm at the RUGBY CLUB: 22 nd Feb. 2pm at the RUGBY CLUB: 22 nd Feb. 2.15pm at the HOLIDAY HOTEL:	Latin Group – Translation & Grammar Photography for Everyone Group Canasta Group Drama - Origins and Development Art History Group
Tuesday	23 rd Feb. 10am at AWEL Y MOR: 23 rd Feb. 2pm at AWEL Y MOR: 23 rd Feb. 2.15pm at the RUGBY CLUB:	Russian Language and Culture Group Bridge Group Movement to Music Group.
Wednesday	24 th Feb. 8.45am from The ATLANTIC and 9am (approx.) from SAINSBRY'S 24 th Feb. 10am at the RUGBY CLUB:	Visit: Bath Abbey and Holburne Museum Play Reading Group
Thursday	25 th Feb. 10am at Y CENTRE: 25 th Feb. 10am at the RUGBY CLUB: 25 th Feb. 2pm at the Y CENTRE: 25 th Feb. 2pm at the RUGBY CLUB:	Painting Workshop Welsh Group Crafts Group Mah Jong Group
Friday	26 th Feb. 10am at the RUGBY CLUB: 26 th Feb. 10am at STELLA MARIS: 26 th Feb. 2pm at the ANCIENT BRITON Car Park:	Writing for Pleasure Groups 1 & 2 Book Club ONE Walking Group
Sunday	28 th Feb. 12noon at the ANGEL, MAUDLAM:	Sunday Lunch Group.
Monday	29 th Feb. 10am at the HOLIDAY HOTEL: 29 th Feb. 10am at the COAST CAFÉ: 29 th Feb. 10.15am at the RAFA CLUB: 29 th Feb. 10.15am at the RUGBY CLUB: 29 th Feb. 2pm at the HOLIDAY HOTEL:	Scrabble Group Computers, Tablets & Other Gadgets Latin Group – Translation & Grammar Exploring Poetry Exploring Science Group

Porthcawl U3A

**Celebration of St David's Day.
Friday 4th March 6.30 for 7pm at the Hi Tide.**

Name

Tel

Name

Tel

Menu

Welsh Cawl

Melon Boat

Prawn Cocktail

Lamb Shank on Swede and Carrot Mash

Fillet of Salmon in herb butter

Pasta and Broccoli Bake

Stuffed Peppers with Savoury Sauce

Sticky Toffee Pudding with Custard

Ice Cream

Cheese and Biscuits

Tea/Coffee

Welsh Cake

Price: £18.50 per person.

Please print your name and telephone number at the top of this form, indicate your choices with a tick and return it to me:

Pam Munro, 12 Penylan Ave, Porthcawl CF36 3LL (tel.783751) as soon as possible with your cheque made payable to Porthcawl U3A.